



STAGES of SENIOR CARE

Your Step-by-Step Guide to Making the Best Decisions

by Paul and Lori Hogan

Chapter 5: Seven Questions Before You Decide

If you become the primary caregiver...

1. Are you prepared for the pressure on your spouse and children?
2. Have your spouse and children agreed to take Mom or Dad into your own home?
3. Have you established a working arrangement with siblings and other family members?
4. Have you anticipated the wear and tear on your own health?
5. Are you prepared for the emotional stress of long-term caregiving?
6. Have you evaluated the financial cost of providing family care?
7. Will you be able to continue working and provide family care?

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